



Food safety and nutrition procedures

4.3 Packed Lunches and Snacks

Snacks

Snack provided is provided by the Preschool. The menu is set at the start of the term with the children's likes taken into account. Fruit is kept in the fridge, and any dry goods are kept in the cupboard anything that is open is put into an airtight container and labelled with opening dates.

Packed lunches

Where children have packed lunches, staff promote healthy eating, ensuring that parents are given advice and information about what is appropriate content for a child's lunch box. Parents are also advised to take measures to ensure children's lunch box contents remain cool i.e. ice packs, as the setting does not have facilities for refrigerated storage.